**10K Men**

39 and Under

1st Place: Bob Wolter, Chaska, 37:36

2nd Place: Michael Schwartz, Cologne, 40:26

3rd Place: Alex Amunrud, Redwood Falls, 40:30

40 and Over

1st Place: Kevin Frank, Minnetrista, 38:57

2nd Place: Keith Tufte, 44:20

3rd Place: JP Fahey, NYA, 45:13

**10K Female**

39 and Under

1st Place: Suzie Fox, Chaska, 39:41

2nd Place: Brittany Opatz, Waconia, 41:19

3rd Place: Kristin Weinzierl, Waconia, 41:48

40 and Over

1st Place: Kari Koski, Chaska, 44:14

2nd Place: Amy Steinhagen, Edina, 52:48

3rd Place: Stephanie Zahrbock, Edina, 53:49